



Emergency Action Plan

Middleton Rangers Football Club Emergency Action Plan

Club Information

Club Name	Middleton Rangers Football Club
Venue Address	Eastbourne Sports Complex Bourne Avenue Darlington DL1 1LW

First Aider Information

- Les Hughes (07834 858969)
- Andy Musgrave (07792 521913)
- Dave Watson (07766 942627)
- Eastbourne sports Complex Staff

First Aid Equipment

- Eastbourne Sports Complex provide all major medical equipment
- Team managers are issued with a first aid kit and offered the chance to attend the FA Emergency Aid Workshop

Walk in Centre Information

Nearest Walk in Centre

Dr Piper House
King St
Darlington
DL3 6JL

Walk in Centre Telephone Number 01325 364271



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Hospital Information

Nearest Hospital	Darlington Memorial Hospital Hollyhurst Road Darlington DL3 6HX
Hospital Telephone Number	01325 380100
Journey Time to Hospital	11 minutes (7 without traffic)

Hospital Directions

1. Take Hundens Ln to Yarm Rd/B6280	2 min (0.3 mi)
2. Head west on Bourne Ave towards Poplar Grove	364 ft
3. Turn left onto Hundens Ln	0.2 mi
4. Continue on B6280. Take A167 to Coniscliffe Rd	4 min (1.1 mi)
5. Turn right onto Yarm Rd/B6280	0.5 mi
(Continue to follow B6280, Go through 1 roundabout)	
6. Turn left onto St Cuthbert's Way/A167	0.2 mi
7. At the roundabout, take the 2nd exit onto Victoria Rd/A167	0.3 mi
8. At the roundabout, take the 3rd exit onto West St	0.1 mi
9. Take Stanhope Rd S to Woodland Rd/A68	2 min (0.4 mi)
10. Turn left onto Coniscliffe Rd	305 ft
11. Coniscliffe Rd turns right and becomes Stanhope Rd S	0.4 mi
(Go through 1 roundabout)	
12. Turn left onto Woodland Rd/A68	39 s (0.2 mi)
13. Turn right onto Hollyhurst Rd	16 s (364 ft)

Further Information

- Team managers are responsible for ensuring they hold an in date FA Emergency Aid Award.
- Team managers are responsible for ensuring their first aid kit is in stock of all essential supplies
- Should training occur at another venue, it is the team manager's responsibility to ensure an emergency action plan is written. A blank template can be found within appendix A.



Emergency Action Plan

Appendix A: Blank Emergency Action Plan

Venue Information	
Club Name	Middleton Rangers Football Club
Venue Address	
First Aider Information	
Name	
Mobile Number	
First Aid Equipment Location	
Defibrillator	
Stretcher	
First Aid Room	
Other Information	
Nearest Walk in Centre Address	
Nearest Hospital Address	
Hospital Journey Time	
Directions to Hospital	